



GET BUZZY - “EDUCATE TO SUCCEED”

Get Buzzy educational materials are to help people enhance their skills to achieve the results they want throughout their life.

You don't build a building without plans! When a goal is set to build a building the architect draws up the plans, actions are set out and a timetable is set out to pursue it's construction, through to it's completion.

This can be applied to what you want in your life, these skills can be practised, refined, increased and you can become a skilled goal setter, pursuer and achiever.

To achieve any goal, task or thing that you want, you will go through challenges or gates.

The 'Magical Achievement Tree' and 'Mr Goals' or 'Millionaire mind at 9' workbooks, help you in setting out goals and start you off through the many G.A.T.E.S.!

For more information on 'Get Buzzy' go to - www.GETBUZZY.org

What is 'G.A.T.E.S.' ?

'G.A.T.E.S.' is a tool you can use to help you to achieve anything you want to achieve and it simply stands for:

G – Goals What you want, the thing or task that you want to achieve or the end result you are after.

A – The Actions that you take i.e.: keeping a diary of daily, weekly, monthly steps. Listing the people you need to talk to help you.

T – The Tools that you use i.e.: A record of past achievements or a picture / model of the thing you want, your end result.

E – Examples or role models i.e.: someone who's achieved what you want, books about the subject.

S – Success – the results you envisage – write out how it feels and how you'll celebrate.

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GET BUZZY COMPETITION DETAILS

This competition has been designed to teach you the process of setting and achieving GOALS by using the G.A.T.E.S. system and to help you to enhance your skills and improve your life.

There are 3 tasks for you to do using the G.A.T.E.S. system, which will help you to achieve these goals and get what you desire.

What are the judges looking for?

Those with the most inspiring stories that are well planned out, detailed, pursued / achieved goals.

This competition will give you experience and skills for now and the future (so get thinking). Those with the best stories will be required to send in their goals folder with all their details that they wrote out and used in the process of these endeavours.

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TOP TIPS TO GET YOU GOING...

G – Goals

1. Write out a list of 10 goals in these 3 areas – *School / Personal (to you) / Family (for or to help your family)*. (You need to keep the list in a folder for the competition and future reference) Brainstorm with your family what you could do and want to do?
2. Pick out 4 goals that you want to go for over the next few months.
3. Set out 2 goals to be achieved in approx. 1 week time period. Set out 1 goal to achieve in approx. 1 month time period. Set out 1 goal to achieve in approx 2 months time period.

A - Action

Each goal should have an action plan of steps to achieve them. Break them down to achieve a part each day and record on a planner or in a diary.

T - Tools

Get a picture, or write out the result you want to achieve, i.e.: I want to eat healthy so I will eat vegetables with every meal. Make a list of your past achievements or awards (ask family & friends). * Put together a folder of the details “as colourful as you like – It’s YOUR goals” of your past achievements and all the notes “even scrappy” that you have used to pursue your goals. The best entries will be asked to send these in to “Get Buzzy Education” (they will be returned), please do not send in unless requested.

E - Examples

Examples or Role models. Talk to someone who’s done what you want to achieve or find a book and read about it. Your parents may have achieved something you’d like to achieve also.

S - Success

A good saying is “Start with the end in mind”. Envisage you’ve achieved the result you want, imagine having the thing you want in your hand. Imagine you’ve achieved your goal. How would it feel, write down how you will feel.

GET BUZZY COMPETITION PRIZES

£2000 *CASH & PRIZES*

1st PRIZE £500 (up to & inc. 11 years old)

1st PRIZE £500 (up to & inc. 16 years old)

2nd PRIZE £100 (up to 11 years old)

2nd PRIZE £100 (up to 16 years old)

3rd to 20th PRIZES

(Get Buzzy Education packs)

* PLEASE NOTE: As this Competition is for under 18 years of age.

Consent is required from a parent or guardian & approval to enter – (see the last page)

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TASK NUMBER 1

Set and go for 4 goals using G.A.T.E.S.!!

1-Week Start Date _____ End Date _____

	Goal	Action	Tools	Examples	Success

1-Week Start Date _____ End Date _____

	Goal	Action	Tools	Examples	Success

1-Month Start Date _____ End Date _____

	Goal	Action	Tools	Examples	Success

2-Month Start Date _____ End date _____

	Goal	Action	Tools	Examples	Success

TASK NUMBER 2

Using the G.A.T.E.S. process to achieve your goals, write out on the completion of your 4 goals in 100 to 250 (maximum) words what you have learnt from going for each goal.

Achieving goals is something you will do throughout your life, what skills have you learnt and could improve from this?

Eg: I had not set out goals before and writing down all that I wanted and could think of, helped me focus my energies.

Or

I had never thought of getting a picture of what I wanted and had not realised it could be a tool (T. in GATES) to help me achieve.

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TASK NUMBER 3

Write out a minimum of 10 of your goals in each area for your future.



Start date 10th July 2008

RULES AND CONDITIONS

1. Closing date & time midn

2. YOU MUST SEND IN TASK 1, 2, 3.

3. Parents consent and all contact details.

4. * Those who get through to the final will be contacted and asked to send in Task 4, their GOALS folder (Do not send unless contacted)

5. Send to P.O. Box (awaiting number) please check on website in September.

Must be child's own work

Entry is free, no purchase is necessary.

There is no cash alternatives for prizes.

Only one entry per person.

Parental agreement and consent is required.

Competition rules are subject to change.

Entry is open to the whole of the UK, Northern Ireland and Scotland.

Also open to all

Success University members go to www.joece.successuniversity.com

“cash-smart-kids” go to www.cash-smart-kids.com?a_aid=a445e4d1

Winners will be posted on the website www.getbuzzy.org by the 21st December 2008.

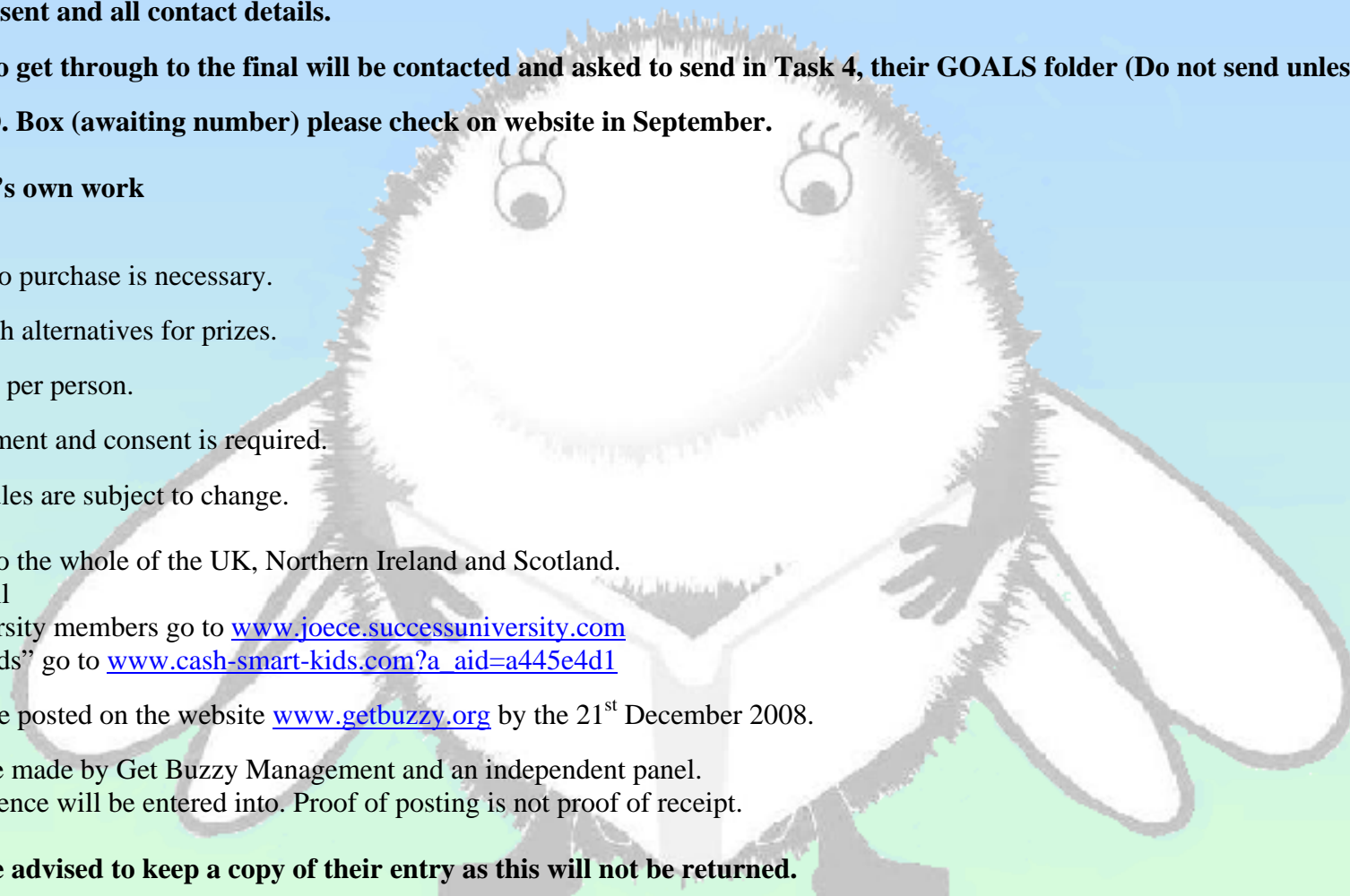
Judging will be made by Get Buzzy Management and an independent panel.

No correspondence will be entered into. Proof of posting is not proof of receipt.

*** Entrants are advised to keep a copy of their entry as this will not be returned.**

The top 20 entries will be required to send in their “goal folder” with all the materials they have used in pursuing their goals as explained in ‘Goal Tools’.

Please supply full details with your entry (before 30th November 2008).



Name, Age, Date of Birth, Address, Email (if you have one), Contact phone number.
Signed original signature parent / guardian form.
